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Bad Reichenhall Art Academy

BODY & SOUL – Intuitive Approaches to Nude Drawing

2–4 February 2026

List of materials

My list of materials is intended as inspiration and recommendation – not a must! Feel free!

Please bring the materials you feel comfortable with and enjoy working with. It can be enriching to have a wider selection with you so that you can react spontaneously to impulses and situations. Those who prefer to work with a reduced selection of materials are of course just as welcome!

I will also bring a selection of materials that you are welcome to try out. If necessary, I will be happy to advise you individually – just ask me!

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PAPER (sufficient quantity)

- Dorée textured drawing paper (endpaper) 110 g/m² (Boesner) 50 x 70 cm DOV1105070
70 x 100 cm DOV11070100
- and/or Dorée 170 drawing paper, 170 g/m²
50 x 70 cm DO1705070
70 x 100 cm DO17070100
- Simple kraft wrapping paper (roll or individual sheets)
- Ingres paper (Hahnemühle), pad or single sheets, A3 and/or A2 (very versatile paper, suitable for a wide range of techniques!) TIP

PENS

- Graphite pencils, HB-6B, in sufficient quantity
- Graphite leads (5.6 mm) with lead holders (nice to have)
- Graphite sticks (square)
- Water-soluble graphite pencils (hard to extra soft)
- Coloured pencils (e.g. Polychromos)
- Watercolour pencils (e.g. Albrecht Dürer)
- Oil pastels, e.g. Jackson
- Drawing charcoal
- Sepia pencils, red chalk pencils (wooden)
- White chalk (wooden)
- Reed pen (bamboo pen)!

BRUSHES

- Suitable brushes (flat brush, wide flat brush, round brush)

PAINTS

- whatever your heart desires ...
- Gouache, e.g. black, red
- Acrylic
- Watercolour
- Indian ink: black, red, ...

MY TIP

- Gesso is ideal for reworking/repainting started or unfinished works and invites you to play with transparencies and different layers.

MISC

- Masking tape
- Metal clips for attaching the paper to the drawing board
- Sharpener
- Scissors, knife
- Fixative
- Cotton cloth
- Eraser
- Kneaded eraser

DRAWING BOARD

- The drawing boards on site are often already heavily marked by previous artists... Some (drivers) may find it useful to bring their own board in the desired format to use as a base for the paper on the table, on their lap, on the floor or on the easel.

WATERCOLOUR

For all watercolourists: Drawing boards made of poplar plywood, min. 10 mm thick (available at DIY stores), slightly larger than the desired paper size, are highly recommended. These are suitable for gluing paper (on both sides) for wet techniques (e.g. watercolour) using egg white or diluted wallpaper paste. Otherwise, the paper can of course also be attached loosely to the board, e.g. with clips. This means that you have to accept that it will curl slightly when painting.

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- Watercolour paper (e.g. Fabriano, Arches, etc.) or Ingres paper (A3)
- Good watercolour brushes, recommendation: e.g. Da Vinci Series 418
- Watercolours, pans or tubes
- Water container
- Cotton cloth
- Flower sprayer

MONOTYPE

Glass plate or Plexiglas plate, slightly larger than the desired paper size Water-soluble linocut ink (tube)

Spatula, e.g. ARS NOVA plastic spatula set (Boesner) Small ink roller (lino roller) for applying the ink Spatula

Otherwise, there is a BOESNER opposite the academy. How great is that! J